

MEDICARE ADVANTAGE

Take the first steps on your journey
to a healthier, happier lifestyle.

Blue Shield Advantage Optimum Plan (HMO)
Los Angeles County & Orange County
2023 Enrollment Kit

Blue Shield of California is an independent member of the Blue Shield Association
BS-WEB-LAOC-2023.pdf

ENROLLMENT KIT

Y0118_20_526B_C 08042020



BENEFITS AND SERVICES BEYOND ORIGINAL MEDICARE



Dental benefits

Blue Shield of California Medicare Advantage Plans offer coverage for many common dental procedures such as checkups, cleaning, gum care, and more. Simply choose a network dentist who will provide and coordinate all your dental care needs.

Your dental coverage features comprehensive benefits with diagnostic, restorative, and preventive services; low copays; and access to a network of general dentists.

Additionally, you are covered for emergency dental needs.

Please see the Summary of Benefits included in this kit for more information. Use our Dental Directory online to locate a network provider anytime at blueshieldca.com/find-a-doctor.



Vision Benefits

Vision benefits for this plan include everything Medicare covers, and more. Please see the Summary of Benefits included in this kit for more information. Use our Vision Directory online to locate a Vision Service Plan (VSP) network provider near you at blueshieldca.com/find-a-doctor.



Hearing aid benefits

We offer a hearing aid benefit. This benefit includes an annual allowance for two hearing aids, hearing aid fitting and evaluation.

Some cost limitations may apply. Please see the Summary of Benefits included in this kit for more information.



Over-the-counter (OTC) items benefit

Blue Shield of California offers an over-the-counter (OTC) items benefit which covers OTC health and wellness products, including first-aid supplies, pain relievers, cough and cold medicines, and more. This benefit includes an allowance to use every calendar quarter. You can place two orders per quarter. Unused allowance does not roll over into the next quarter. Some limitations may apply. Refer to the OTC catalog for more information.

Refer to the Summary of Benefits included in this kit for more information about the OTC items benefit allowance or visit blueshieldca.com/medicareOTC.



Personal Emergency Response System (PERS)

To keep you safe and independent, we offer a medical alert monitoring system from LifeStation that provides access to help 24/7 at the push of a button.

LifeStation's state-of-the-art services keep you connected to your caregiver network through easy-to-use technology and robust platforms – including in-home system or mobile device with GPS/WiFi. An experienced care specialist can then contact emergency services, caregivers, or loved ones – quickly getting you the help you need.

LifeStation's services allow you to remain self-sufficient in your own home while keeping you connected to all that life has to offer.

For additional benefit details, visit blueshieldca.com/PERS.



SilverSneakers fitness program

SilverSneakers can help you live a healthier, more active life through fitness and social connection. With SilverSneakers, you are covered for a fitness benefit at thousands of participating locations¹ where you can take SilverSneakers instructor-led group classes² plus use exercise equipment and other amenities.

Additionally, SilverSneakers community classes offer options to get active outside of a traditional gym (like recreation centers, malls and parks). SilverSneakers also connects you to a support network and virtual resources through SilverSneakers LIVE™ classes, SilverSneakers On-Demand™ videos and our mobile app, SilverSneakers GO™. **Included** with SilverSneakers is a complimentary membership to Stitch³, an online social connection site for adults, where you can join in-person and online activities and events.



Go to blueshieldca.com/SilverSneakers to learn more about the benefit.

Always talk with your doctor before starting an exercise program.

1. Participating locations ("PL") are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.
2. Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.
3. Stitch is a third-party provider and is not owned or operated by Tivity Health or its affiliates. SilverSneakers members must have internet service to access Stitch service. Internet service charges are responsibility of SilverSneakers member.



Transportation services

Blue Shield of California provides transportation for plan members to plan-approved health related locations. Transportation is provided on an as-needed basis to facilitate non-emergent access to healthcare, e.g., physician office visits. Once a member you can call directly by using the number behind your ID card to arrange transportation. Arrangements for transportation must be made at least 24 hours in advance.

For additional benefit details or information on how to schedule transportation services, please refer to the *Evidence of Coverage* or visit blueshieldca.com/medtransport.



Acupuncture and chiropractic services

Visit any participating acupuncturist or chiropractor in the American Specialty Health Plans of California, Inc. (ASH Plans) network.

Benefits include:

- Initial and subsequent examinations
- Office visits for acupuncture and chiropractic adjustments
- *Adjunctive therapies

*When provided in conjunction with the acupuncture treatment or chiropractic adjustment

- X-rays and laboratory tests (chiropractic only)

Acupuncture and chiropractic are for non-Medicare covered services.

For additional benefit details or information, please refer to the *Evidence of Coverage* online at blueshieldca.com/alternativemedicine. You can locate participating providers through the online directory at blueshieldca.com/find-a-doctor.



HEALTHCARE RESOURCES

We want to help you stay healthy, so we offer tools and information that can assist you in making healthy lifestyle choices and healthcare decisions, including:



Senior Wellness Assessment

Regular wellness assessments are a great way to know where you stand and help identify issues that may be important to discuss with your healthcare team.

Once you take it, share your results with your physician so that you can work toward your health and longevity goals. To get started, visit blueshieldca.com/hra.



Medicare Diabetes Prevention Program

Medicare Diabetes Prevention Program services will be covered for eligible Medicare beneficiaries under all Medicare health plans.

The Medicare Diabetes Prevention Program can help you learn how to be more active, eat healthier and lose weight by making small changes to your daily routine. These changes can help you prevent type 2 diabetes.



Teladoc

Teladoc provides physician consultations 24/7 by phone or video. Teladoc physicians can diagnose and treat many non-emergency medical conditions outside of an emergency room, urgent care clinic, or doctor's office. Teladoc physicians can also prescribe certain medications.

To learn more about this benefit, visit blueshieldca.com/Teladoc.



NurseHelp 24/7

Connect with a registered nurse who will listen and offer you immediate, reliable information about treating minor illnesses and injuries, or help you choose the most appropriate treatment. Chat online at blueshieldca.com/nursehelp or call **(877) 304-0504** (TTY: 711), 24 hours a day, seven days a week.



KEY TERMS TO KNOW

Coinsurance

An amount you may be required to pay as your share of the cost for services after you pay any deductibles. Coinsurance is usually a percentage (for example, 20%).

Copayment (copay)

A copayment is usually a set amount, rather than a percentage. For example, you might pay \$10 or \$20 for a prescription drug.

Cost sharing

An amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or prescription drug. This amount can include copayments, coinsurance, and deductibles.

Deductible

The amount you must pay for prescriptions before Original Medicare, your Blue Shield plan, or any other insurance begins to pay.

Exception

A determination that affects coverage of a prescription drug. A drug list exception is a drug plan's decision to cover a drug that is not on its drug list or to waive a coverage rule. A tiering exception is a drug plan's decision to lower the price for a covered non-preferred drug.

Extra Help

A Medicare program to help people with limited income and resources pay for prescription drug costs, such as premiums, deductibles, and coinsurance.

Formulary (drug list)

A list of Part D prescription drugs covered by a prescription drug plan or another insurance plan offering prescription drug benefits. Also called a drug list.

Out-of-pocket costs

Medical or prescription drug costs that you must pay on your own because they are not covered by Medicare or other insurance.

Premium

The monthly amount you pay for your insurance coverage.

Step therapy

A utilization tool that requires you to first try another drug to treat your medical condition before we will cover the drug your physician may have initially prescribed.

2023 Summary of Benefits

Blue Shield AdvantageOptimum Plan (HMO)

Medicare Advantage Prescription Drug Plan

Los Angeles and Orange Counties

Summary of benefits

Blue Shield Advantage Optimum Plan (HMO)
Los Angeles and Orange Counties

Effective January 1, 2023 - December 31, 2023

Premiums and benefits	You pay	What you should know
Monthly plan premium	\$0	You must continue to pay your Medicare Part B premium in addition to the plan premium, if applicable.
Deductible	No deductible	
Annual out-of-pocket maximum amount	\$1,200	Does not include Part D prescription drugs. This is the most you would pay for the year for in-network covered Medicare Part A and Part B services.
Inpatient hospital care	\$0 copay per admission	Our plan covers an unlimited number of days for a Medicare-covered inpatient hospital stay in a network hospital.
Outpatient hospital services <ul style="list-style-type: none"> Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery 	\$100 copay for each visit to an outpatient hospital facility \$0 copay for observation services \$125 copay for each visit to an emergency room (this copay is waived if you are admitted to the hospital within one day for the same condition)	Our plan covers medically necessary services you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury.
Outpatient surgery	\$0 copay for each visit to an ambulatory surgical center \$100 copay for each visit to an outpatient hospital facility	
Doctor visits <ul style="list-style-type: none"> Primary care physician Specialists 	\$0 copay per visit \$0 copay per visit	A referral from your doctor may be required for Specialist visits.
Preventive care	\$0 copay	Any additional preventive services approved by Medicare during the contract year will be covered.

Summary of benefits (cont'd)

Blue Shield Advantage Optimum Plan (HMO)
Los Angeles and Orange Counties

Effective January 1, 2023 - December 31, 2023

Premiums and benefits	You pay	What you should know
Emergency care	<p>\$125 copay per visit</p> <p>No combined annual limit for emergency care and urgently needed services outside the United States and its territories every year. Services outside the United States and its territories do not apply to the plan's maximum out-of-pocket limit</p>	<p>This copay is waived if you are admitted to the hospital within one day for the same condition.</p> <p>Worldwide coverage.</p>
Urgently needed services	<p>\$0 copay for each visit to an urgent care center within plan service area.</p> <p>\$45 copay for each visit to an urgent care center outside of the plan service area but within the United States and its territories</p> <p>\$125 copay for worldwide emergency/urgent coverage</p> <p>No combined annual limit for emergency care and urgently needed services outside the United States and its territories</p>	<p>This copay is waived if you are admitted to the hospital within one day for the same condition.</p> <p>Worldwide coverage.</p>
<p>Diagnostic services, labs, and imaging</p> <ul style="list-style-type: none"> • Diagnostic radiology services (such as MRIs, CT scans, PET scans, etc.) • Lab services • Diagnostic tests and procedures • Outpatient X-rays • Therapeutic radiology services (such as radiation treatment for cancer) 	<p>\$0 copay</p> <p>\$0 copay</p> <p>\$0 copay</p> <p>\$0 copay</p> <p>20% coinsurance for each therapeutic radiology service</p>	<p>A referral from your doctor may be required for diagnostic services, labs and imaging services.</p> <p>Covered according to Medicare guidelines.</p> <p>While you pay 20% coinsurance for therapeutic radiology services, you will never pay more than your \$1,200 total out-of-pocket maximum for the year.</p>

Summary of benefits (cont'd)

Blue Shield Advantage Optimum Plan (HMO)
Los Angeles and Orange Counties

Effective January 1, 2023 - December 31, 2023

Premiums and benefits	You pay	What you should know
Hearing services <ul style="list-style-type: none"> Hearing exam (Medicare-covered) Routine (non-Medicare covered) hearing exam Hearing aids 	<ul style="list-style-type: none"> \$10 copay per visit \$10 copay \$0 copay 	<p>A referral from your doctor may be required for hearing services.</p> <p>Routine hearing exams are limited to one exam every year.</p> <p>Our plan pays up to \$1,500 for 2 hearing aids, hearing aid fitting and evaluation every year (both ears combined)</p>
Dental services (non-Medicare covered) <ul style="list-style-type: none"> Prophylaxis (cleaning) Dental X-rays Fluoride Oral exam 	<ul style="list-style-type: none"> \$0 copay \$0 - \$5 copay, depending on the service provided \$5 copay \$0 copay 	<p>One cleaning every 6 months.</p> <p>One series of bitewing X-rays every 6 months.</p> <p>One series of full mouth X-rays every 24 months.</p> <p>Two visits every 6 months for fluoride.</p> <p>Two exams in a calendar year</p>
Vision services <ul style="list-style-type: none"> Exam to diagnose and treat diseases and conditions of the eye Routine (non-Medicare covered) eye exam and refraction Eyeglasses (frames and lenses) or contact lenses 	<ul style="list-style-type: none"> \$0 copay for each Medicare-covered visit \$0 copay \$0 copay 	<p>A referral from your doctor may be required for an exam to diagnose and treat diseases and conditions of the eye.</p> <p>One visit every 12 months with network provider.</p> <p>Our plan pays up to \$275 for either eyeglasses (lenses and frames) or for contact lenses every 12 months.</p>
Mental health services <ul style="list-style-type: none"> Inpatient mental health care Outpatient group therapy visit Outpatient individual therapy visit 	<ul style="list-style-type: none"> \$100 copay per day for days 1 - 8 \$0 copay per day for days 9 - 90 \$25 copay per visit \$25 copay per visit 	<p>A referral from your doctor may be required for mental health services.</p> <p>90 days per admission; no prior hospitalization required with network provider.</p>

Summary of benefits (cont'd)

Blue Shield Advantage Optimum Plan (HMO)
Los Angeles and Orange Counties

Effective January 1, 2023 - December 31, 2023

Premiums and benefits	You pay	What you should know
Skilled nursing facility (SNF) care	\$0 copay per day for days 1 - 20 \$100 copay per day for days 21 - 100	A referral from your doctor may be required for skilled nursing facility care. 100 days per admission; no prior hospitalization required with network provider. If you go over the 100-day limit, you will be responsible for all costs; no prior hospitalization required with network provider.
Rehabilitation Services • Occupational therapy • Physical therapy and speech and language therapy	\$10 copay per visit \$10 copay per visit	A referral from your doctor may be required for rehabilitation services.
Ambulance	Medicare-covered ground ambulance services: \$200 copay per trip (each way) Medicare-covered air ambulance services: 20% per trip (each way)	Copay is waived if you are admitted to the hospital.
Transportation	\$0 copay	Limited to 30 one-way trips to plan-approved health-related locations every year.
Medicare Part B Drugs	20% coinsurance	Some Part B drugs may require a prior authorization from your provider.

Summary of benefits (cont'd)

Blue Shield Advantage Optimum Plan (HMO)
Los Angeles and Orange Counties

Effective January 1, 2023 - December 31, 2023

Additional benefits included in your plan

Premiums and benefits	You pay	What you should know
Annual Physical Exam	\$0 copay	One every 12 months.
Opioid Treatment Program Services	\$0 copay	
Additional telehealth services	\$0 copay	Teladoc Physicians can diagnose and treat basic medical conditions and can also prescribe certain medication.
Foot care (podiatry services) <ul style="list-style-type: none"> • Foot exams and treatment • Routine (non-Medicare covered) foot care 	\$0 copay for each Medicare-covered visit \$0 copay	A referral from your doctor may be required for foot care services.
Diabetic Supplies & Services <ul style="list-style-type: none"> • Blood glucose monitors • Diabetes self-management training, diabetic services and supplies 	\$0 copay for FreeStyle® blood glucose monitors and 20% coinsurance for blood glucose monitors from all other manufacturers \$0 copay for all training, services and supplies except blood glucose monitors (see "Blood glucose monitors" above)	A referral from your doctor may be required for diabetic supplies & services. Prior authorization from the plan may be required for blood glucose monitors and test strips. See the plan EOC for more information.
Durable Medical Equipment (DME) and Related Supplies <ul style="list-style-type: none"> • Durable medical equipment (e.g., wheelchairs, oxygen) 	20% coinsurance	A referral from your doctor may be required for durable supplies & services. Prior authorization from the plan may be required for DME. See the plan EOC for more information.
Prosthetics/Medical Supplies <ul style="list-style-type: none"> • Prosthetics (e.g., braces, artificial limbs) • Medical supplies (e.g., splints, casts) 	20% coinsurance \$0 copay	A referral from your doctor may be required for prosthetics/medical supplies.

Summary of benefits (cont'd)

Blue Shield Advantage Optimum Plan (HMO)
Los Angeles and Orange Counties

Effective January 1, 2023 - December 31, 2023

Premiums and benefits	You pay	What you should know
Health and Wellness programs <ul style="list-style-type: none"> • Basic gym access through SilverSneakers Fitness • NurseHelp 24/7SM (telephone and online support) • Personal Emergency Response System (PERS) (24/7 medical alert) 	\$0 copay \$0 copay \$0 copay	
Acupuncture (non Medicare-covered)	\$0 copay per visit	Limited to 12 visits per year.
Over-the-Counter (OTC) Items	You have a \$105 allowance per quarter to spend on covered items.	You can place two orders per quarter and cannot roll over your unused allowance into the next quarter. Some limitations may apply. Refer to the OTC Items catalog for more information.
Routine chiropractic services (non-Medicare covered)	\$0 copay per visit	Limited to 12 visits per year.

Important Message About What You Pay for Vaccines: Our plan covers most Part D vaccines at no cost to you. Call Customer Care for more information.

Important Message About What You Pay for Insulin: You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.

Prescription drug coverage

Blue Shield Advantage Optimum Plan (HMO)
Los Angeles and Orange Counties

Effective January 1, 2023 - December 31, 2023

You pay the following:

Part D prescription drug benefit						
Stage 1: Annual Deductible Stage	This stage does not apply because there is no deductible.					
Stage 2: Initial Coverage Stage	Preferred retail cost-sharing (in-network)			Standard retail cost-sharing (in-network)^		
	30-day supply	90-day supply^{*NDS}	100-day supply^{NDS}	30-day supply	90-day supply^{NDS}	100-day supply^{NDS}
Tier 1: Preferred Generic Drugs	\$0 copay	See 100-day supply	\$0 copay	\$5 copay	See 100-day supply	\$5 copay
Tier 2: Generic Drugs	\$3 copay	\$7.50 copay	Not Covered	\$10 copay	\$25 copay	Not Covered
Tier 3: Preferred Brand Drugs	\$40 copay	\$100 copay	Not Covered	\$47 copay	\$117.50 copay	Not Covered
Tier 4: Non-Preferred Drugs	\$95 copay	\$237.50 copay	Not Covered	\$100 copay	\$250 copay	Not Covered
Tier 5: Specialty Tier Drugs	33% coinsurance	Not Covered	Not Covered	33% coinsurance	Not Covered	Not Covered

^If you reside in a long-term care facility, you pay the same as at an in-network standard retail cost-sharing pharmacy. There are limited situations where you may be able to get drugs from an out-of-network pharmacy at the same cost as an in-network standard retail cost-sharing pharmacy.

For more information on the additional pharmacy-specific cost-sharing and the phases of the benefit, please refer to the plan EOC.

*90- and 100-day supply cost-sharing also applies to Blue Shield's mail service pharmacy.

NDS A long-term (up to a 90- or 100-day) supply is not available for select drugs. The drugs that are not available for a long-term supply are marked with the symbol NDS in our Drug List.

Prescription drug coverage

Blue Shield Advantage Optimum Plan (HMO)
Los Angeles and Orange Counties

(cont'd)

Effective January 1, 2023 - December 31, 2023

Part D prescription drug benefit		
Stage 3: Coverage Gap Stage	Coverage for outpatient prescription drugs after the total yearly drug costs paid by both you and Blue Shield reach \$4,660, until your yearly out-of-pocket drug costs reach \$7,400.	Tier 1: Preferred Generic Drugs and Tier 2: Generic Drugs are covered at the copays described above. For all other tiers, you pay 25% of the price for brand-name drugs (plus a portion of the dispensing fee) and 25% of the price for generic drugs until your year-to-date out-of-pocket drug costs total \$7,400, which is the end of the coverage gap stage. Whether a drug is considered generic or brand can be determined using the plan formulary.
Stage 4: Catastrophic Coverage	<p>After your yearly out-of-pocket drug costs (including drugs you bought through your retail pharmacy and through mail service) reach \$7,400, you pay the greater of:</p> <ul style="list-style-type: none"> • 5% of the cost, or • \$4.15 copay for a generic drug (including brand-name drugs treated as generic) and a \$10.35 copay for all other drugs <p>(This stage protects you from any additional costs once you have paid your yearly out-of-pocket drug costs.)</p>	

Mail Service Pharmacy

CVS Caremark is our network mail service pharmacy where you may obtain a 90- or 100-day supply of maintenance drugs at a lower cost. They will be delivered to your home or office with no charge for shipping or delivery. Sign up at caremark.com or call (866) 346-7200 [TTY: 711].

Tier 5 drugs are limited to a 30-day supply by mail service.

Network pharmacies that offer preferred cost-sharing

You may pay less when you visit one of our network pharmacies that offer preferred cost-sharing. Here's just a few:

- CVS/pharmacy[‡] (including CVS pharmacy at Target) (888) 607-4287 [TTY: 711]
- Safeway and Vons pharmacies[‡] (877) 723-3929 [TTY: 711]
- Albertsons/Sav-on/Osco pharmacies[‡] (877) 932-7948 [TTY: 711]
- Costco[‡] (800) 955-2292 [TTY: 711]
- Ralphs[‡], Walmart[‡] and many more.



You do not have to be a Costco member to use Costco Pharmacies. Other pharmacies are available in our network.

[‡]Accepts e-prescribing



2023 Individual Enrollment Request Form

Blue Shield Medicare Advantage Plans: Blue Shield 65 Plus (HMO), Blue Shield 65 Plus Plan 2 (HMO), Blue Shield 65 Plus Choice Plan (HMO), Blue Shield Inspire (HMO), Blue Shield Balance (HMO), Blue Shield Enhanced (HMO), Blue Shield AdvantageOptimum Plan (HMO), Blue Shield AdvantageOptimum Plan 1 (HMO), Blue Shield TotalDual Plan (HMO D-SNP), Blue Shield Inspire (HMO D-SNP)

Who can use this form?

People with Medicare who want to join a Medicare Advantage Plan.

To join a plan, you must:

- Be a United States citizen or be lawfully present in the U.S.
- Live in the plan's service area

Important: To join a Medicare Advantage Plan, you must also have either, or both:

- Medicare Part A (Hospital Insurance)
- Medicare Part B (Medical Insurance)

When do I use this form?

You can join a plan:

- Between October 15–December 7 each year (for coverage starting January 1)
- Within 3 months of first getting Medicare
- In certain situations where you're allowed to join or switch plans

Visit [Medicare.gov](https://www.Medicare.gov) to learn more about when you can sign up for a plan.

What do I need to complete this form?

- Your Medicare Number (the number on your red, white, and blue Medicare card)
- Your permanent address and phone number

Note: You must complete all items in Section 1. The items in Section 2 are optional – you can't be denied coverage because you don't fill them out.

Reminders:

- If you want to join a plan during fall open enrollment (October 15–December 7), the plan must get your completed form by December 7.

- Your plan will send you a bill for the plan's premium. You can choose to sign up to have your premium payments deducted from your bank account or your monthly Social Security (or Railroad Retirement Board) benefit.

What happens next?

Email, Mail, or Fax your completed and signed form to:

Email: WHMembership@blueshieldca.com

Mail: Blue Shield of California
PO Box 948
Woodland Hills, CA 91365-9856

Fax: (877) 251-3660

Once they process your request to join, they'll contact you.

How do I get help with this form?

Call your Authorized Agent or your Blue Shield Representative at **(888) 534-4263**. TTY users can call **711**. Or, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

En español: Llame a su Agente Autorizado o a su Representante de Blue Shield al **(888) 534-4263**. Los usuarios del sistema TTY pueden llamar al **711** o a Medicare gratis al 1-800-633-4227 y oprima el 2 para asistencia en español y un representante estará disponible para asistirle.

Individuals experiencing homelessness

If you want to join a plan but have no permanent residence, a Post Office Box, an address of a shelter or clinic, or the address where you receive mail (e.g., social security checks) may be considered your permanent residence address.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1378. The time required to complete this information is estimated to average 20 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

IMPORTANT

Do not send this form or any items with your personal information (such as claims, payments, medical records, etc.) to the PRA Reports Clearance Office. Any items we get that aren't about how to improve this form or its collection burden (outlined in OMB 0938-1378) will be destroyed. It will not be kept, reviewed, or forwarded to the plan. See "What happens next?" on this page to send your completed form to the plan.

Section 1 – All fields in this section are required (unless marked optional)

Select the plan you want to join:

- Blue Shield 65 Plus (HMO) Los Angeles/Orange Counties (\$0 per month)
 - Blue Shield 65 Plus (HMO) Kern County (\$0 per month)
 - Blue Shield 65 Plus (HMO) Riverside County (\$0 per month)
 - Blue Shield 65 Plus (HMO) San Bernardino County (\$0 per month)
 - Blue Shield 65 Plus (HMO) San Diego County (\$0 per month)
 - Blue Shield 65 Plus (HMO) San Luis Obispo/Santa Barbara Counties (\$39 per month)
 - Blue Shield 65 Plus (HMO) Ventura County (\$0 per month)
 - Blue Shield 65 Plus Plan 2 (HMO) Los Angeles/Orange Counties (\$0 per month)
 - Blue Shield 65 Plus Choice Plan (HMO) San Bernardino/Riverside Counties (\$0 per month)
 - Blue Shield Enhanced (HMO) Los Angeles/Orange Counties (\$39 per month)
 - Blue Shield AdvantageOptimum Plan (HMO) Los Angeles/Orange Counties (\$0 per month)
 - Blue Shield AdvantageOptimum Plan 1 (HMO) San Diego County (\$0 per month)
 - Blue Shield Balance (HMO) Los Angeles County (\$0 per month)
 - Blue Shield Inspire (HMO) Alameda/San Mateo Counties (\$0 per month)
 - Blue Shield Inspire (HMO) Los Angeles/Orange Counties (\$0 per month)
 - Blue Shield Inspire (HMO) Sacramento County (\$53 per month)
 - Blue Shield Inspire (HMO) San Joaquin/Stanislaus/Merced/Fresno/Madera/Santa Clara Counties (\$0 per month)
 - Blue Shield Inspire (HMO D-SNP) Merced/San Joaquin/Stanislaus Counties (\$38.90 per month)
 - Blue Shield TotalDual Plan (HMO D-SNP) Los Angeles/San Diego Counties (\$0 per month)
-

Blue Shield Inspire (HMO) in the counties of Alameda, Fresno, Madera, Merced, Sacramento, San Joaquin, San Mateo, Santa Clara, and Stanislaus; Blue Shield Inspire (HMO D-SNP) in San Joaquin, Merced and Stanislaus; and Blue Shield Balance (HMO) in the county of Los Angeles includes one or more Special Supplemental Benefits for the Chronically Ill (SSBCI). SSBCI are part of special supplemental benefits available in select plans. Not all plan members will qualify. Refer to the Evidence of Coverage for details and eligibility requirements. To be eligible for each SSBCI benefit, you must have at least one of the required qualifying chronic conditions which can vary by plan. Please refer to the "Attestation for Special Supplemental Benefit for the Chronically Ill (SSBCI)" form included in the enrollment kit, online or contact Customer Care **(800) 776-4466 (TTY: 711)** for a copy. For members enrolled in D-SNP plans, please contact D-SNP Customer Care **(800) 452-4413 (TTY: 711)**.

Please indicate if you would like to enroll in the Optional Supplemental Dental HMO or PPO plan

- Optional Supplemental Dental HMO plan**, (\$12.50 per month)
(not available in all plans/service areas; refer to the plan summary of benefits for additional information.)
-

Name of Dentist:

Provider ID#:

If you do not select a dentist, you will be assigned a dentist at the time of enrollment.

- Optional Supplemental Dental PPO plan**, (\$42.30 per month)
(not available in all plans/service areas; refer to the plan summary of benefits for additional information.)

No dentist selection necessary for the PPO plan.

First Name:		(optional): Middle Initial:
Last Name:		Sex: <input type="checkbox"/> M <input type="checkbox"/> F
Birth Date (MM/DD/YYYY):	Phone Number:	(optional): <input type="checkbox"/> Landline <input type="checkbox"/> Cell
	Alternate Phone Number (optional):	(optional): <input type="checkbox"/> Landline <input type="checkbox"/> Cell

Optional: I agree that Blue Shield and its affiliated entities and agents may communicate with me about my account and various health and wellness programs available to me, and other promotional information that may benefit me and my dependents, including by phone or text to the numbers I have listed on this form, using an auto-dialer or artificial or prerecorded voice; standard data rates apply. Yes No

Participation is voluntary and you can opt-out at any time, for more information visit blueshieldca.com/terms.

Go paperless! Please watch for an email with a link which will allow you to register your account, customize your communication preferences, and access your digital ID card and benefit information.

Email address (Optional, but required for electronic communications)

I would like to receive both required and non-required plan materials via email (i.e., enrollment notifications, Annual Notice of Change, benefit promotions, and plan newsletters) in place of mailed printed copies.

Not checking the box above means you will receive printed plan materials via mail. You may choose to go back to printed materials at any time by calling Customer Care at the number on your plan ID card.

Preferred communication channel: Email SMS (Text) Standard Mail Call

It's our goal to communicate with you in your preferred method. However, in some situations, we may need to adjust how we are providing you with information.

Permanent Residence street address:

Street Address:

City:

State: ZIP code:

Mailing address, if different from your permanent address (P.O. Box allowed):

Street Address:

City:

State: ZIP code:

Your Medicare information:

Medicare Number:

Answer these important questions:

Will you have other prescription drug coverage (like VA, TRICARE) in addition to a Blue Shield Medicare Advantage Plan?

Yes No

Prescription drug coverage:

Name of other coverage:

ID # for this coverage:

Group #:

Medical coverage:

Name of other coverage:

ID # for this coverage:

Group #:

Are you enrolled in your State Medicaid (Medi-Cal) program? Yes No
If yes, please provide your Medicaid (Medi-Cal) number

IMPORTANT: Read and sign below:

- I must keep both Hospital (Part A) and Medical (Part B) to stay in a Blue Shield Medicare Advantage Plan.
- By joining this Medicare Advantage Plan, I acknowledge that my Blue Shield Medicare Advantage Plan will share my information with Medicare, who may use it to track my enrollment, to make payments, and for other purposes allowed by Federal law that authorize the collection of this information (see Privacy Act Statement below).
- Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.
- I understand that I can be enrolled in only one MA or Part D plan at a time - and that enrollment in this plan will automatically end my enrollment in another MA or Part D plan (exceptions apply for MA PFFS, MA MSA plans).
- I understand that when my Blue Shield Medicare Advantage Plan coverage begins, I must get all of my medical and prescription drug benefits from that Blue Shield Medicare Advantage Plan. Benefits and services provided by my Blue Shield Medicare Advantage Plan and contained in my Blue Shield Medicare Advantage Plan *Evidence of Coverage* document (also known as a member contract or subscriber agreement) will be covered. Neither Medicare nor my Blue Shield Medicare Advantage Plan will pay for benefits or services that are not covered.
- The information on this enrollment form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.
- I understand that my signature (or the signature of the person legally authorized to act on my behalf) on this application means that I have read and understand the contents of this application. If signed by an authorized representative (as described above), this signature certifies that:
 - 1) This person is authorized under State law to complete this enrollment, and
 - 2) Documentation of this authority is available upon request by Medicare.

Signature	Today's Date
------------------	---------------------

If you're the authorized representative, sign above and fill out these fields.

Name

Street Address:

City:

State: ZIP code:

Phone Number:

Relationship to Enrollee:

Section 2 – All fields in this section are optional

Answering these questions is your choice. You can't be denied coverage because you don't fill them out.

Do you work? Yes No Does your spouse work? Yes No

List your Primary Care Physician (PCP) or clinic:

Physician Name or Clinic Name:

Physician ID #:

Physician Group Name:

Current Patient? Yes No

Select one if you want us to send you information in a language other than English.

Spanish Chinese

Select one if you want us to send you information in an accessible format.

Braille Large Print Audio CD

Please contact Blue Shield Customer Care at **(800) 776-4466 (TTY: 711)** if you need information in an accessible format or language other than what is listed above. For members enrolled in D-SNP plans, please contact D-SNP Customer Care **(800) 452-4413 (TTY: 711)**. Our office hours are 8 a.m. to 8 p.m., seven days a week.

Are you Hispanic, Latino/a, or Spanish origin? Select all that apply.

- No, not of Hispanic, Latino/a, or Spanish origin.
- Yes, Puerto Rican. Yes, Cuban. Yes, another Hispanic, Latino, or Spanish origin.
- Yes, Mexican, Mexican American, Chicano/a I choose not to answer.

What's your race? Select all that apply.

- | | | |
|---|--|---|
| <input type="checkbox"/> American Indian or Alaska Native | <input type="checkbox"/> Guamanian or Chamorro | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Japanese | <input type="checkbox"/> Samoan |
| <input type="checkbox"/> Black or African American | <input type="checkbox"/> Korean | <input type="checkbox"/> Vietnamese |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White |
| <input type="checkbox"/> Filipino | <input type="checkbox"/> Other Asian | <input type="checkbox"/> I choose not to answer |

Paying your plan premiums

You can pay your monthly plan premium (including any late enrollment penalty you currently have or may owe) by mail each month. If your plan has a premium due, you will receive a monthly bill including the amount and the date of when your next payment is due, or you may choose to pay your premium by having it automatically taken out of your Social Security or Railroad Retirement Board (RRB) benefit each month.

To learn more about your payment options, visit us at blueshieldca.com/medicarewaystopay or call Customer Care at **(800) 776-4466 (TTY: 711)**. For members enrolled in D-SNP plans, please contact D-SNP Customer Care **(800) 452-4413 (TTY: 711)**.

Automatic deduction from your monthly Social Security or Railroad Retirement Board (RRB) benefit check.

I get monthly benefits from: Social Security RRB

(The Social Security/Railroad Retirement Board deduction may take two or more months to begin. In most cases, if Social Security/the Railroad Retirement Board accepts your request for automatic deduction, the first deduction from your Social Security/Railroad Retirement Board benefit check will include all premiums due from your enrollment effective date up to the point withholding begins. If Social Security/the Railroad Retirement Board does not approve your request for automatic deduction, we will send you a paper bill for your monthly premiums.)

If you have to pay a Part D-Income Related Monthly Adjustment Amount (Part D-IRMAA), you must pay this extra amount in addition to your plan premium. The amount is usually taken out of your Social Security benefit, or you may get a bill from Medicare (or the RRB). DON'T pay Blue Shield of California the Part D-IRMAA.

Producer information: Producer name and ID or NPN is required.

Agency name: _____
(please print appointed agency name)

Agency ID #: _____
(please print agency tax ID)

Producer (writing agent) name (required): John Conner
(please print writing agent name)

Producer ID #: _____
(please print agent tax ID number)

Producer (writing agent) NPN or TIN (one required): 2547843
(please print NPN or TIN number)

Producer phone number: 916-682-1117

Producer email address: john@johnconner.com

Date application received by producer: _____

Producer signature: _____

With my signature, I hereby certify that I have read and understand the CMS Medicare Communications and Marketing Guidelines and Enrollment rules and confirm that the enrollee has received a complete enrollment kit. I agree that this enrollment of a Medicare beneficiary, on behalf of Blue Shield of California, has complied with these rules.

Blue Shield of California is an HMO and an HMO D-SNP plan with a Medicare contract and a contract with the California State Medicaid Program. Enrollment in Blue Shield of California depends on contract renewal.

Privacy Act Statement

The Centers for Medicare & Medicaid Services (CMS) collects information from Medicare plans to track beneficiary enrollment in Medicare Advantage (MA) Plans, improve care, and for the payment of Medicare benefits. Sections 1851 and 1860D-1 of the Social Security Act and 42 CFR §§ 422.50 and 422.60 authorize the collection of this information. CMS may use, disclose and exchange enrollment data from Medicare beneficiaries as specified in the System of Records Notice (SORN) "Medicare Advantage Prescription Drug (MARx)", System No. 09-70-0588. Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.

Typically, you may enroll in a Medicare Advantage plan only during the annual enrollment period from October 15 through December 7 of each year. There are exceptions that may allow you to enroll in a Medicare Advantage plan outside of this period.

Please read the following statements carefully and check the box if the statement applies to you. By checking any of the following boxes you are certifying that, to the best of your knowledge, you are eligible for an Enrollment Period. If we later determine that this information is incorrect, you may be disenrolled.

- I am new to Medicare.
- I am enrolled in a Medicare Advantage plan and want to make a change during the Medicare Advantage Open Enrollment Period (MA OEP).
- I recently moved outside of the service area for my current plan, or I recently moved, and this plan is a new option for me. I moved on (insert date).

- I recently was released from incarceration. I was released on (insert date).

- I recently returned to the United States after living permanently outside of the U.S. I returned to the U.S. on (insert date).

- I recently obtained lawful presence status in the United States. I got this status on (insert date).

- I recently had a change in my Medicaid (newly got Medicaid, had a change in level of Medicaid assistance, or lost Medicaid) on (insert date).

- I recently had a change in my Extra Help paying for Medicare prescription drug coverage (newly got Extra Help, had a change in the level of Extra Help, or lost Extra Help) on (insert date).

- I have both Medicare and Medicaid (or my state helps pay for my Medicare premiums) or I get Extra Help paying for my Medicare prescription drug coverage, but I haven't had a change.
- I am moving into, live in, or recently moved out of a Long-Term Care Facility (for example, a nursing home or long-term care facility). I moved/will move into/out of the facility on (insert date).

- I recently left a PACE program on (insert date).

- I recently involuntarily lost my creditable prescription drug coverage (coverage as good as Medicare's). I lost my drug coverage on (insert date).

- I am leaving employer or union coverage on (insert date).

- I belong to a pharmacy assistance program provided by my state.
- My plan is ending its contract with Medicare, or Medicare is ending its contract with my plan.
- I was enrolled in a plan by Medicare (or my state) and I want to choose a different plan. My enrollment in that plan started on (insert date).

- I was enrolled in a Special Needs Plan (SNP) but I have lost the special needs qualifications required to be in the plan. I was disenrolled from the SNP on (insert date).

- I was affected by an emergency or major disaster (as declared by the Federal Emergency Management Agency (FEMA) or by a Federal, state or local government entity. One of the other statements here applied to me, but I was unable to make my enrollment request because of the disaster).
- I'm in a plan that was recently taken over by the state or territorial regulatory authority because of financial issues. I want to Switch to another plan.
- I'm in a plan that had a star-rating less than 3 stars for the last 3 years. I want to join a plan with a star rating 3 stars or higher.
- I am new to Medicare AND Medicare entitlement was made retroactively so I was notified about getting Medicare after my Part A and/or B effective date.

If none of these statements applies to you or you're not sure, please contact Blue Shield of California at **(888) 534-4263 (TTY: 711)** or Authorized Agent, to see if you are eligible to enroll. We are open 8 a.m. to 8 p.m. seven days a week from October 1 through March 31 and 8 a.m. to 8 p.m., Monday through Friday, from April 1 to September 30.